



FOCUSED CARE: MANIFESTING JOY, HEALTH & ABUNDANCE

Our **FOCUSED CARE** multiple day treatment and coaching intensive combines a one-on-one transformational discovery process with the gentle, non-forceful methods of B.E.S.T. – a healing technique used to remove *subconscious* blocks to realizing a life of joy, health, and abundance.



Often times, we simply need to step out of our normal daily routine in order to reconnect with what matters most and re-establish our ability to manifest joy, health, and abundance in our lives. Sometimes even when we *do* take the time, we still find ourselves bumping up against blockages that we may or may not be able to identify. Medical diagnosis, therapeutic efforts, counseling, and even spiritual inquiry are unsuccessful for seemingly no reason – *consciously*.



It is possible that the reasons for the blockages are not to be found at the conscious level but rather are stored *subconsciously* in the nerve and energy systems of the body. In our **FOCUSED CARE** multiple day treatment program, great care is taken to identify the source of interference in the individual's life be it physical, chemical, subconscious, emotional, or integrative in nature. What we typically find is that the blockages are not necessarily what one might think they are. Pain, whether it is physical, mental, or emotional, is merely a signal that the system isn't running as it was built to run, and we have a program designed to heal the *cause* of pain – not just the symptom – in a relaxed, healing retreat setting.

Initial Evaluation & Testing

During a **FOCUSED CARE** intensive at Morter HealthCenter, tests and evaluations are administered at the outset to determine the nature of the individual's issue(s). Static EMG testing determines the electrical output of the central nervous system, and thermography tests determine circulation efficiency, followed by a standard physical/orthopedic examination. X-rays may be

taken if appropriate and indicated. Upon completion of testing, your doctor will review the results with you and discuss the desired outcome of your visit.

B.E.S.T. Treatment & Coaching Sessions

Bio-Energetic Synchronization Technique (B.E.S.T.) is an energy balancing procedure that removes the interference and/or blockages that are demanding the attention of the healing power of the body, thereby causing an imbalance in the autonomic nervous system, ultimately leading to pain and dis-ease. Each day, multiple B.E.S.T. treatments are given, and a discovery process of how to interpret the effects of one's past experiences evolves in a more empowering way. As interference is removed, the body and the mind begin to return to their natural states of healing and manifesting. Multiple conversations, teachings, and recommendations coincide with the *Personal B.E.S.T. Master Plan* created during a specifically tailored treatment regime.



Nutritional Counseling

Body chemistry (pH) testing is performed to determine the current healing capacity of the body, and recommendations are given for action steps needed. A test kit for follow-up is sent home with each participant. A nutritional supplementation evaluation is also performed.

At Morter Health Center, the goal is to send individuals home with a clear, concise picture and plan of action to restore more perfect health and to ignite creative capacity both consciously and subconsciously for the life, health and vitality intended for them.

| FOCUSED CARE 3-Day Package Pricing | | | |
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| <i>Intake Evaluation</i> | \$295.00 | <i>3 Extended Treatment Sessions</i> | \$540.00 |
| <i>pH Test Kit</i> | \$25.00 | Days 2 & 3: | \$540.00 |
| <i>3 Extended Treatment Sessions</i> | \$540.00 | | |
| Day 1: | \$860.00 | TOTAL: | \$1,940.00 |

- It has been clinically tracked that three consecutive days of treatment is the most effective.
- An intake evaluation is required for returning **FOCUSED CARE** patients after one year from the date of the initial evaluation, or at the doctor's discretion.
- A **\$500 non-refundable deposit** is due at time of scheduling. A one-time transfer of the deposit for a future **FOCUSED CARE** intensive is acceptable outside of three weeks of the scheduled visit.

To schedule your FOCUSED CARE one-on-one healing intensive, please call Morter HealthCenter at 317-872-9300.