

BENEFITS OF BIO-ENERGETIC WORK

- Creates a natural re-balancing of nervous system function
- Gentle, painless non-force methods
- Addresses cause instead of symptoms
- Allows for healing without the use of drugs
- Corrects nervous system function that could be hiding other problems that have not yet become symptomatic

B.E.S.T. is effective on newborns, infants, children and adults of all ages.



Dr. Sue Morter

“Nothing brings me more fulfillment than to participate in someone finding the cause of their blockages in life and turning them around. We are intended to be healthy and abundant in life.”



Dr. Scott Cooper

“Working with B.E.S.T. has been the highlight of my career. The results that we see and the lives that change are far beyond what I have experienced with other procedures.”



**Morter
HealthCenter**

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TEACHING YOU TO LIVE WELL



WELLNESS IS NATURAL

The body is designed to be self-healing. If healing is not happening in the body, there is a reason.

Our objective at Morter HealthCenter is to discover that reason and remove its' interference from the natural healing equation. Chasing symptoms simply doesn't work.

Stresses in our lives often become so familiar that we no longer perceive them as stresses. They can however, build up behind the scenes and interfere with the body's natural ability to regain balance and self heal.

Both conscious and subconscious activity in the brain must be in alignment toward healing rather than guarding and defending for the human system to self regulate. Stresses often lock the body in a guarded state.



WELCOME TO MORTER HEALTH CENTER

Our clinic is dedicated to the remembrance of wellness in the human being. We are focused on identifying and removing the many behind the scene causes of discomfort and disease and furthering an individual's potential for the prevention of future health concerns. We do this, not through the use of drugs or surgery, but rather through a natural healing process call Bio-Energetics.

Bio-Energetic work demonstrates how the mind and emotions play a significant role in triggering the body's defense mechanisms. When over used, the defense mechanisms can exhaust the body. This can lead to cellular breakdown, disease, frequent injury, and lack of healing. Morter HealthCenter has been utilizing a cutting-edge approach to accessing these behind the scene causes of disease for over 20 years called Bio-Energetic Synchronization Technique (B.E.S.T.)

Dr. Sue Morter's father, Dr. M.T. Morter, Jr. developed B.E.S.T. in 1975, and Dr. Sue is committed to bringing the work forward into the next generation. Dr. Sue established Morter HealthCenter in Indianapolis, Indiana, in 1987, and she was joined by her colleague and dear friend, Dr. Scott Cooper six years later. Today they take great pleasure in working together with those interested in getting to the core of their health concerns and unleashing themselves into their powerful healing potential.



There are various ways to engage with the Clinic, and we invite you to explore what would best fit your needs. We offer treatment plans, meditation classes, nutritional supplementation, 6-week personal B.E.S.T. goal setting programs, detox programs, weekly physician education classes, and much more. Dr. Morter and Dr. Cooper are also available for speaking engagements on a local, regional, and national basis.