



MAGICAL JOURNEY

A Magical Journey to the Sacred Valley and Machu Picchu
with Dr. Sue Morter of Morter Institute & HealthCenter

June 9 - 17, 2012

ITINERARY - 9 days, 8 nights

Day One, Saturday June 9th:

The program begins in Cusco city, gem of the ancient Inkan Empire blended with gorgeous Colonial architecture. Magical Journey offers a group transfer from the airport to a charming central hotel conveniently situated off the historic Plaza de Armas. A welcome lunch is followed by a group orientation meeting with your leader and guide. Late afternoon walk through the cobblestone streets where your guide will point out fascinating Inkan stonework en route to the Korikancha Temple, the holiest site during Inkan times. (L)

Day Two, Sunday June 10th:

After breakfast, a bus with transport the group to the Inkan ritual fountains at Tampumachay. "Where there is water, there is life." Your guide will invite you to participate in a ceremony to honor water and open the body's energy centers, to activate and enhance your individual creative and healing forces. A brief traditional coca-leaf ceremony invites you to tap into the energies of Pachamama (Mother Earth). Continue to the awesome giant stones of Saksaywaman overlooking the city of Cusco. Afternoon departure to the Sacred Valley. Arrive at Willka T'ika, your base over the next week. Orientation and welcome dinner at Willka T'ika and introduction to the friendly Quechua staff that will take care of your needs during your stay. (B.D)

Day Three, Monday June 11th:

A day with Pachamama (mother earth) allows time to connect deeply with Nature and the pure Sacred Valley energies. After yoga or your group activity and a Buffet breakfast at 8.30am, enjoy a group orientation tour of the Seven Chakra Gardens at Willka T'ika. Participants may choose an optional hike in the neighborhood before lunch. This afternoon, guests are encouraged to spend time and meditate in the splendors of the Willka T'ika gardens, schedule a private coca-leaf reading, or indulge in one of many Andean Spa offerings.

After an early dinner, Q'ero healer Don Benito, an authentic pakko healer and ritual specialist, invites the group to participate in a special Andean offering to Pachamama. Conducted for personal healing and the well-being of the group, this ceremony has been practiced by the Quechua since pre-Inkan times. It concludes with a transformative fire ceremony that carries your essence into the Andean spirit-filled world, and serves as a wonderful preparation of mind, body and spirit for your pilgrimage to Machu Picchu. (B.L.D)

Day Four, Tuesday June 12th:

Welcome the energies of the day with a drive through the Sacred Valley to the spectacular ruins of P'isaq. Overlooking impressive Inkan terraces, the group is invited to hike the non-tourist trail to the Inkan Temple of the Sun, a doorway to the upper Andean world of the Condor, messenger of the Gods. Meditation and optional hike down the mountain leads into the colorful market of P'isaq. This market offers a wonderful opportunity to buy woven goods, jewelry, colorful wall hangings and hand-painted beadwork. It is a photographer's dream. Observe colorful traditionally dressed campesinos coming to barter and sell their produce. (B.D)

Day Five, Wednesday June 13th:

Catch the morning train to Aguas Calientes for an early ascension by bus to the sunlit terraces of Machu Picchu. Fabulous guided tour of the ancient "City of Light" journeying through the masculine energy temples of political and spiritual power, followed by a deep reconnection of feminine earth energies within the Divine Self. Meet at the hotel at 6pm for participation in a traditional shamanic sound ceremony to balance the energy centers in the body while tuning deeply into the core

essence of Machu Picchu. Magical Journey invites you to a delicious celebratory three-course dinner in one of the finest restaurants in Aguas Calientes. (B.D)

Day Six, Thursday June 14th:

A day to explore on your own in Aguas Calientes or Machu Picchu. Some hikers may wish to leave on the 5:30am bus to see the sun rise in Machu Picchu and must have ready approximately \$50 in cash to purchase your own second day ticket to re-enter the ruins and \$15 cash for a return bus ticket to the ruins. Enjoy a spectacular climb up Waynapicchu, an even more challenging hike to Machu Picchu Peak, or an easier hike to the Inti Punku, the original Inkan gateway to the Sun. Afternoon train back to Ollantaytambo where you will transfer to Willka T'ika in time for dinner. (B.D)

Day Seven, Friday June 15th:

Heart-opening day begins with a very special visit to an Andean mountain school. For sixteen years, Magical Journey has maintained contact with dedicated schoolteachers and traditionally dressed pupils in isolated high mountain communities where few tourists are privileged to visit. The Willka T'ika Children's Fund, a registered not-for-profit fund in the USA, currently supports educational programs in four Quechua mountain schools. With each visit, groups see how Andean communities, so dear to our hearts, are progressing. The warmth and joy of the children and their openness in bringing guests into their daily lives are experiences not easily forgotten. Visitors are always humbled and deeply moved by this cultural exchange. Enjoy a picnic lunch in the beautiful valley. Return at 2pm to Willka T'ika for yoga, personal time or spa services. (B.L.D)

Day Eight, Saturday June 16th:

A day at Willka T'ika is a wonderful day of mindfulness in Pachamama's gardens. Enjoy your group program or meditate in the ancestral crown chakra energies beneath the thousand-year-old Lucuma tree. After Machu Picchu, participants welcome time to unwind and integrate their experiences. Massages and crystal bed healing sessions are available to pamper the body. Some may wish to hike into the village of Urubamba and explore the local market, a

quality alpaca store or the Seminario ceramic studio. Your guide can arrange an optional coca-leaf reading with a renowned Aymara psychic for \$50 for a half-hour session in the afternoon. Farewell dinner celebration with your guide at Willka T'ika. (B.L.D)

Day Nine, Sunday June 17th :

There will be one bus transfer for the group to the Cusco Airport where you will take your flight to Lima before connecting to your flight home. Many flights depart Lima late in the evening for arrival in North America the next morning. (B)

Day Ten, Monday June 18th :

Filled with the pure spiritual energy of your Andean transformational Journey-of-a-lifetime, you arrive in your home city.

(B.L.D) Indicates breakfast, lunch, or dinner included in the land costs.

Not included in the cost:

- .. International return flights from your country to Cusco via Lima.
- .. Please allow between \$5-\$15 per meal for the few meals not included in the itinerary (1 dinner and 3 lunches).
- .. Airport departure taxes: Each participant must keep aside a total of approximately US \$47. At the time of publication, included in airline ticketing price, subject to change.
- .. Optional second day entrance and bus ticket into Machu Picchu, approximately \$65/person.
- .. Sundries, alcoholic and bottled beverages, laundry services.
- .. Tipping to service providers: \$100 per participant.
- .. Individual participant transfers and additional services.
- .. Late addition: additions confirmed 45 days or less before program start are subject to a \$150 late booking fee.
- .. Single supplement \$700, single rooms subject to availability.
- .. For those who wish to arrive a day early to help acclimate to the 11,000ft altitude in Cusco, to rest and regroup, an extra night in Cusco may be added to the program. Cost is \$140 for one airport transfer and a shared twin room with buffet breakfast (\$70/person for shared occupancy), \$120 for single occupancy.

Our programs are carefully planned from start to finish to enhance your travel experience. The order within this itinerary may vary to suit the needs of your group. The itinerary is subject to change in extraordinary circumstances. Weather in the Andes is unpredictable and may cause delays or cancellation of flights or activities. Changes in flights and train schedule are common in Peru. At odd times Peruvians go on strike to get the attention of the government and this may affect transport. We work with authentic healers who are not always available on certain dates and therefore we may need to adjust the itinerary. We also select days to visit sites when fewer tourists are likely to be there. In over twenty-six years of running Magical Journey programs in Peru, we have had a perfect record with only minor weather-related adjustments to our activities. Magical Journey and Willka T'ika cannot be held responsible for any unforeseen events in Peru or elsewhere that may disrupt this program offering. **We therefore strongly suggest that all participants take out travel/health insurance to protect their travel investment.**